

Important HOA News Inside!

MARCH/APRIL 2018

Caughlin

RANCHER

The Official Magazine of the Homeowners Association

Healing Her Heart

WALKING THE TRAILS WITH
FAMILY HELPED LORI PATCH
HEAL AFTER HEART ATTACK

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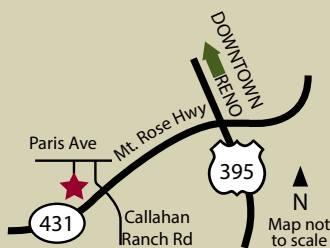


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Caughlin RANCHER

THE OFFICIAL MAGAZINE OF THE HOMEOWNERS ASSOCIATION

VOL. 11, ISSUE 2

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ON THE COVER:

L. to R. Lori, Sophia & Ron Patch with their dog Ruby, pose at the bridge in lower Caughlin Ranch. Story p. 6.

PRESIDENT'S CORNER



Al Dennis
President

Spring Is Here!

IF YOU ARE PLANNING a landscape project, don't forget to contact the ACC for approval.

Spring is here! Again! What a winter. I think spring has arrived several times and as I write this it is only mid-February. Mild winters are very good for our crew, as they did not have to spend much time plowing roads and walks. There also did not seem to be any winter damage to our trees and bushes.

As we come out of hibernation and look to beautify our yards we must remember that there are resources for determining what plantings are allowed (if you are changing and/or adding to your yards). Our webpage (caughlinhoa.com) can help you in this area, or you can call the office for assistance at 746-1499. Major changes require approval from the Architectural Control Committee (ACC), so please keep them in the loop. Contact the office if you have a question as to the requirement for your planned change. The staff can assist you with the procedure.

Over the winter there have been a few things of note. There were issues with our gates being damaged. The Board and the Staff are looking into ways to provide more monitoring of these areas and will be presenting ideas for approval as soon as possible. We want to catch the violators and have them prosecuted. There have been burglaries and thefts in the Ranch also. The February issue of *Community Interests Magazine* has an interesting article discussing crime prevention. The article discusses the need for homeowners to look out for their neighbors and to sound the alarm if something is amiss. The main thrust of the article (written by Kathryn Cassell – Crime Prevention Specialist) is that safety is the responsibility of the individual homeowner and that a home/family safety plan is a must. We do not have any neighborhood watch committees, but maybe it is time to discuss establishing some of those.

Garbage cans. The number one issue in the ranch continues to be the placing of garbage cans. The CCR rules require the placement of the cans on the morning of the pickup and the retrieval on the same day, after the cans are dumped. This issue is large in all communities and should not be that hard to correct, but it is. We now have bear-proof cans available and there is assistance available for senior clients. You can contact the office for information on this, if needed.

As I drive through the Ranch I see that numerous drivers are not following the speed limits very well. Remember that we have children and animals that we love and care about, so please don't be one of those who do not comply.

I, like all of you, am looking forward to the flowers that we will soon be seeing everywhere. I cannot imagine a prettier place to live in Reno, especially in the spring when the colors come out.

—Al Dennis, PRESIDENT
al@caughlinhoa.com

LEADING WITH HEART

**CAUGHLIN RANCH RESIDENT LORI PATCH
TURNS A FRIGHTENING DIAGNOSIS INTO
AN OPPORTUNITY TO EDUCATE OTHERS.**

Written by Jessica Santina

IF YOU'D ASKED LORI PATCH before April 2015 about her risk for heart disease, she probably would have laughed. She was one of the healthiest people she knew. The 45-year-old was an avid cyclist and skier, biathlete, cyclocross competitor, hiker and more. She was the least likely person she'd ever suspect of being prone to a heart attack.

But on a bright, sunny day in April 2015, that's exactly what happened.

RACE FOR HER LIFE

On April 16, 2015, Mayberry Meadows residents Lori and Ron Patch were preparing to leave for Monterey to participate in the Sea Otter Classic cyclocross race. Their 10-year-old

daughter, Sophia, would be staying home with Lori's mother, who had just flown into town. The couple were busy running errands, cleaning and packing. About 30 minutes before they were supposed to leave town, Lori, who already wasn't feeling well, decided to clean out her car for her mother to use.

"I felt something kind of pop in my back. It was very strange, and I just didn't feel good," Lori recalls.

She went upstairs and sat down, realizing that she felt very ill.

"My husband was running around packing, and I sat on the bed and said, 'We can't go,' He was like, 'What do you mean?'" And I just said, 'I don't know, but we can't go,'" Lori recalls.

"He went to call the doctor. My mom came upstairs to check

**Center: Celebrating a personal win
at Cyclocross Nationals in Reno.
Above: Raising money and awareness
with other SCAD survivors at the
SCADaddle 5k in San Diego.**

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All articles are the opinions and views of the author, and do not reflect the opinions or views of the Caughlin Ranch Homeowners Association, the Board of Directors, or the Caughlin Ranch staff in their capacity as employees of the Caughlin Ranch Homeowners Association.

on me, and by this time my lips and fingers were blue. When she walked in, I said, 'Grab a garbage can,' and I threw up."

She felt nauseated and generally ill, as well as a choking sensation in her throat, so she instructed her mother to call 911. But even when the ambulance arrived, nothing about her experience signaled a heart attack to her—no arm or chest pain, no shortness of breath. But the EKG performed by paramedics was already providing dangerous clues.

Upon arriving in the ER, she was rushed into the catheterization lab—though she still had no idea what was happening, she now knew it was related to her heart.

"I remember just seeing the monitor, and when they put the stent in and opened the artery, I could see the blood flowing," she remembers.

It was on the second of her three days in the hospital when Lori heard her doctor use the word "dissection."

The diagnosis she received was spontaneous coronary artery dissection, or SCAD.

Unlike the heart disease most people are familiar with, SCAD isn't related to plaque, poor diet or inactivity. It involves a tear in the inner layers of the arterial wall. The layers split and peel back, effectively blocking the blood flow and instigating a heart attack. While heart disease generally occurs to people who may be in poor health, SCAD is different: its victims generally are women in their 40s who are healthy and athletic. Others at risk include those who have recently given birth, have fibromuscular dysplasia (FMD), use cocaine or have tortuous (twisted) arteries. There are no warning signs and no way to prevent a dissection. And it could happen again.

"I did all the right things to be healthy. It still makes no sense," she says.

SURVIVING AND THRIVING

Six weeks after leaving the hospital, she began a 36-session

cardiac rehab program. On day two she was already at graduation level. By the end of the rehab program, she could run for 10 minutes on the treadmill.

But the journey of mental and emotional healing had only just begun for the Patches, and it's likely to continue. As one of only four SCAD survivors in Nevada, she has grappled for answers that don't exist yet. When she reached out to the local chapter of the American Heart Association, she learned that at the time even they were in the dark as to what SCAD was.

In September 2015, she visited the Mayo Clinic in Rochester, MN, to have them analyze her test results and put her on their SCAD registry. Though answers are few and far between, she now is in the loop about research and development of treatments.

"I think about this every single day," she says. "Every time something feels off, my mind goes there immediately."

She hasn't let it stop her from leading an active life. In fall 2015, she participated in a SCAD survivor gathering and 5K in San Diego. She spent her days hiking the trails in Caughlin Ranch with her dog, Ruby—what she calls a huge part of her recovery—as well as cycling around the area. She and her family still ski frequently. In May 2017, she was invited by the American Heart Association to the Tour of California Break Away from Heart Disease cycling race at Tahoe—even getting to fire the starting gun, tell her story on stage and receive a jersey signed by the top female cyclists in the world. And in January of this year, she participated in the 2018 Cyclocross National Championships in Reno, a meaningful personal goal, along with Sophia.

"I did three laps and came in last, but I did it!" she jokes. "And my daughter did the race too and came in last like her mom, but you know, she's 12 and did two laps, which is awesome. It was a really big deal."

These days, she's determined to listen to her body, never pushing it further than feels right, and she urges others to do the same.

Background Photo: When she's riding her bike, Lori almost forgets about SCAD.



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"Don't ignore the signs. Know your body, and if something's wrong, don't be afraid to get it checked out," she says. "Call 911! Don't be afraid to get in the ambulance. Don't be embarrassed. It's better to be safe than dead. We've all been trained not to waste their time, not to rack up the bills. But if something doesn't feel right, pay attention and take care of yourself."

Every time she starts feeling down, she thinks of her father, who suffered from idiopathic pulmonary fibrosis and had a double-lung transplant 12 years ago.

"He's my role model. He's amazing. With him going through something like that, it's a huge motivator for me to get through this. Whenever I have a tough time, I think of him and it gets me through," she says. "It became his calling to educate people about his disease, and for some reason, this has become my thing, to educate people about SCAD."

And key to her, and her family's, recovery is focusing on what's really important, and letting go what's not.

"We're thankful for every day. And if the laundry isn't done, whatever. We're trying not to do everything," she says. "The things that are important are family and friends and doing the things we love that make us feel good. And we make sure we listen and take care of ourselves."



Proud family moment as 12 year old Sophia finished her race at the National Cyclocross Championships.

WARNING SIGNS

Warning signs of SCAD (or any heart attack) may include:

- Chest pain or pressure
- Arm pain or tingling
- Shortness of breath
- Profuse sweating, dizziness and nausea
- Unexplained exhaustion

For more information about SCAD, check out SCAD Research, Inc. at www.scadresearch.org.

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**Congratulations to our November winner
Jeanette Belz.**

Important Notices & Reminders

Submitted by Lorrie Olson, CRHA General Manager



ANIMAL RESISTANT CONTAINERS; FINAL EDITION!

Yes folks, it finally happened! The City of Reno is now, along with Washoe County, offering animal-resistant containers to residents of Caughlin Ranch; city and county.

Each of the Waste Management Franchise Agreements now allow for the distribution and collection of animal-resistant containers at an additional cost, of course.

Since residents were having such a difficult time ordering these containers through Waste Management's customer service department, Caughlin Ranch

was given a direct contact: "Please kindly advise the residents who have had trouble receiving the carts to contact me directly at: mpena2@wm.com, with their account information and I would be more than happy to place their orders. Marisia, Waste Management Customer Service."

Please advise GM Olson if you encounter any problems ordering or receiving an animal-resistant container.

DON'T FEED YOGI & BOO-BOO

Many of us grew up with these two bears plotting to steal picnic baskets from unsuspecting visitors to "Jellystone National Park". We did not know it at the time, but we were being taught a very valuable lesson. Wild animals need to remain wild. They are driven for the desire to find food which can often be trash and garbage including plastic bags and aluminum foil. As you can imagine, these items can be extremely harmful if not deadly. Providing food sources, even unintentional ones, can put humans and wildlife in danger.

Caughlin Ranch prohibits the feeding of ALL wildlife. Bird feeders, seed and liquid, are allowed on private lots. The NV Division of Wildlife (NDOW) highly recommends you remove them at dusk. Bears will literally knock down a fence to get to a bird feeder. NDOW suggests you spread the seed on the ground; the birds will still come but the bears won't bother.

Feeding of ducks and geese is also prohibited. They need to fend for themselves and eat natural food sources. Their digestive systems are not made to handle the overly processed food and junk humans tend to eat.

So please do the right thing to protect our precious wildlife by NEVER providing unnatural food sources.



Josh Berreman
of Midtown
Eats in Reno

COOKING CLASSES

March 14	Stir Fry Workshop
March 16	Pan Roast & Cioppino
March 17	Culinary Boot Camp
March 19	Teens Cook!
March 20	Josh Berreman
March 21	Ramen & Asian Dumplings
March 22	Mother Sauces- Béchamel
March 23	Date Night- Couples
March 28	Fast Fish
March 29	Taste of India
March 31	Dutch Oven Spring Brunch
April 7	Baking- Frost & Fill
April 10	Kids Cook!
April 12	Pot Pie
April 13	Around My French Table
April 14	Eggs Benedict Workshop
April 19	Practical Paleo
April 20	Ravioli & Tortellini
April 21	Cheese Making
April 24	Teens Cook!
April 25	Sausage Making
April 26	Spring Sides & Salads
April 28	Donuts & Fritters
May 2	Techniques Series Begins!
May 3	Chile Relleno Workshop
May 5	Tamales

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1070 BUILDING BALLOT

As of February 16th, we received 1,148 of the 1,148 Yes votes needed to approve the 1070 Building purchase; 91 ballots received were opposed to the purchase.

The application has been submitted to Mutual of Omaha Bank for a 10-year, fixed rate commercial loan. The mortgage, taxes and insurance are anticipated to be less than the current monthly lease payment which increases by 2% every December.

The Board of Directors will conduct a Special Assessment Meeting to consider applying the \$300,000 in accumulated surplus funds to the building purchase. The meeting will begin at 6:00 p.m. on Wednesday, March 28th at 1070 Caughlin Crossing. The bi-monthly Board Meeting will immediately follow.

2017 AUDIT

A full on-site audit of Caughlin Ranch's 2017 financial records is currently underway. McClintock Accountancy completed the past three audits and has been engaged to complete three more starting with 2017. The Final 2017 Audit Report is expected to be on the Agenda for the March 28th Board of Directors Meeting.

ARCHITECTURAL CONTROL AND FINANCE & BUDGET COMMITTEES

At the January 24th Board of Directors Meeting, the Board appointed the following homeowners and consultants to serve

for a two-year term on the Architectural Control Committee: Paul Gianoli, Co-chairman; Guy Grimsley, Co-chairman; Wayne Wiswell; John Currie

Board Liaison: Drew T. Naccarato, Director

Kelvin Voeller, Landscape Contractor

Consulting Members:

Gail Richie, AIA; John Charles Matetich, AIA; Seth Padovan Consulting, LLC

At the January 24th Board of Directors Meeting, the Board appointed the following homeowners to serve for a two-year term on the Finance & Budget Committee:

Mike Heffner, Co-Chairman; Larry Morris, Co-Chairman; Joyce Thompson; Cody Jackson; Allen Black

Ex-Officio Member: Vincent Ames, CRHA Treasurer

We want to thank all of our volunteers for their time and efforts which are greatly appreciated. Please contact the Association office for meeting dates and times.



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LANDSCAPE & MAINTENANCE UPDATE

by Randy Lisenby,
Landscape & Maintenance Superintendent

OVER \$65K SAVINGS IN IRRIGATION BUDGET

IN 2017, we were able to cut the irrigation budget by over \$65,000. The 2016 winter and 2017 spring brought us more water than we had seen in almost a decade.

We were able to fill our ponds while Steamboat ditch operated for an entire season. We implemented other cost-saving measures such as changing out sprinkler heads.

We do have some concern at this time over the lack of moisture we have received so far this winter. But we are hopeful that Mother Nature will wake up Old Man Winter so he can get to work!

Winter Projects:

- ✓ Excavated maintenance yard and installed new gravel base
- ✓ Installed new entrance monument sign lighting and shrubs/bushes

Equipment Maintenance and Tune-ups:

- ✓ Trucks, mowing tractors and walk-behind mowers, weed eaters, blowers and chain saws

Flood Clean-up:

- ✓ Lower ponds—completed
- ✓ Wild flowers by bridge—completed 1/17/2018
- ✓ South of greenbelt
- ✓ Completed repairs to greenbelt bridge area where surface was washed-out

Fall Planting and Water Conservation Projects:

- ✓ 70 trees, deciduous and pine, were planted—completed 1/17/2018
- ✓ Removed several hazardous, leaning and/or dead trees

Holiday Lights:

- ✓ Removed and stored until next holiday season

New Equipment Acquisition:

- ✓ Replace 2003 Ford Ranger; F&B member Larry Morris is currently looking for a vehicle
- ✓ Researching equipment needs and working on getting proposals for the next Board Meeting in March

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ANGEL TREE THANK YOU LETTERS

Dear Gloria,

On behalf of my clients, thank you very much for the outpouring of generosity from your homeowners. My clients were both surprised and elated at the kindness bestowed upon them.

Thank you again for thinking of seniors during the holiday season.

Best Regards,

Maite Smith, LSW, MSW
Washoe County Human Services Agency

To Whom It May Concern,

THANK YOU SO MUCH to each and every individual for all of the fabulous gifts we received for our children here at Alice Smith Elementary. Year after year, we are overwhelmed with the response from the Caughlin Ranch Homeowners Association.

How do we begin to tell you how you all have blessed others this year? What may seem like fulfilling a request on the Angel Tree is really so much more.

You have provided love in a tangible way to families who have experienced stress and hardship and have resiliently prevailed. Your care serves as recognition that their efforts to get through hard times are not unnoticed. It is an encouragement that we feel as each family came to pick up their gifts. Although a humbling and hard experience for many, there is also the gratitude that comes forward from each family. Folks feeling so touched that someone who has never met them really cares.

The best thanks remains the actual load we see lifted as families pick up their gifts and the stress melts away in their faces as a huge smile comes forth. We can't really put it into words, but...maybe you can imagine it if someone has blessed you in ways unexpected.

We know it takes time to coordinate, shop and get your Angel Tree gifts ready for delivery, and then several of you have to travel to drop off your gifts. Your hard work and effort in finding those gifts are very much appreciated because you help make Christmas special for our kids!

Thank You,

Elizabeth Hester, MA NCC
School Counselor
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Watering can be easy to set-it-and-forget-it, but you actually want to adjust your water settings regularly. This ensures that your

Aeration pulls plugs that are left on the surface of the lawn which are then broken up during mowing over a couple of weeks. Aeration can be done year-round. Once a year is recommended for Northern Nevada.



HEATHER REICH

HEATHER REICH, a Human-Bear Conflict Specialist, stopped by the CRHA office in February.

She is raising the next generation of Karelian Bear Dogs for work right here in Nevada. She came by to introduce us to Kondii; she is 3 months old. She is also raising Kondii's brother. He has a broken leg from getting run over by one of the older dogs she has.

If you have any questions for Heather, she may be reached at 775-722-3857 or hreich@ndow.org.

2018 EVENTS

Spring Wine

Moana Nursery
Thursday, April 12th
5 p.m. to 7 p.m.

Spring Bird Watching

Meet at CRHA Parking Lot
Saturday, June 9th
8 a.m. to 10 a.m.

Shredding Day

CRHA Parking Lot
Saturday, June 9th
11 a.m. to 1 p.m.

Garage Sales

Individual Homes
Saturday & Sunday,
June 16th & 17th
7 a.m. to 3 p.m.

Concerts in the Park

Village Green Park
Sunday, July 1st, 8th,
15th, 22nd & 29th
(Tentative dates: 06/24,
08/05 & 08/12)
6 p.m. to 8 p.m.

8TH Annual BBQ

Village Green Park
Sunday, Sept. 9th
Noon to 3 p.m.

Cross Peak Hike

Meet at Caughtlin Club
Saturday, Sept. 15th
8:30 a.m.

Fall Bird Watching

Meet at CRHA Parking Lot
Saturday, Sept. 29th
8 a.m. to 10 a.m.

Garage Sales

Individual Homes
Saturday & Sunday,
Oct. 6th & 7th
7 a.m. to 3 p.m.

Angel Tree

Caughtlin Ranch Office
Monday through Friday,
Nov. 1st through 30th
8 a.m. to 5 p.m.

Holiday Wine

Moana Nursery
Thursday, Nov. 8th
5 p.m. to 7 p.m.

2018 Budget Ratification & 34TH Annual Members Meeting

Caughtlin Ranch
Community Conference
Center
Wednesday, Nov. 14th
Beginning at 6:30 p.m.

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—LESLEE P.

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Allen Dennis, President

Michele Attaway, Vice President

Anthony Termini, Secretary

Vincent Ames, Treasurer

Michael Chern, Director

Joan Mullen, Director

Drew Naccarato, Director

THE FOLLOWING ARE THE PROPOSED REMAINING 2018 dates for the Board of Directors' Workshops, Executive Sessions, General Business Meetings, and the Annual Members Election and 2019 Budget Ratification Meeting. An updated meeting notice/schedule will be included in each *Caughlin Rancher* edition and is posted on the Caughlin Ranch website at: www.caughlinhoa.com.

Board Workshops begin at 4:00 p.m. The purpose of each Workshop is to review the agenda items for the next regularly scheduled Board of Directors General Business Meeting; no decisions are made at these Workshops. Board Executive Sessions will be held prior to the Board's General Business Meetings.

Homeowners are welcome to attend the Workshops and Board General Business Meetings. Executive Sessions are conducted with Board Members only. The following will be held at the Caughlin Ranch business office and Community Conference Center located at 1070 Caughlin Crossing, Reno unless noted otherwise:

MARCH 26

Board Agenda Workshop 4:00 p.m.

MARCH 28

Executive Session 5:00 p.m. | Board General Business Meeting 6:00 p.m.

MAY 21

Board Agenda Workshop 4:00 p.m.

MAY 23

Executive Session 5:00 p.m. | Board General Business Meeting 6:00 p.m.

JULY 23

Board Agenda Workshop 4:00 p.m.

JULY 25

Executive Session 5:00 p.m. | Board General Business Meeting 6:00 p.m.

AUGUST 27

2019 Budget Workshop 5:00 p.m.

SEPTEMBER 24

Board Agenda Workshop 4:00 p.m. (Final 2019 Budget Review)

SEPTEMBER 26

Executive Session 5:00 p.m.

Board General Business Meeting 6:00 p.m. (Approve 2019 Budget)

NOVEMBER 1

Candidate Forum; Meet the Candidates 5:30 p.m. (if necessary)

NOVEMBER 12

Annual Ballot Deadline 12:00 noon (if necessary)

Annual Ballot Count Meeting 1:00 p.m. (if necessary)

Board Agenda Workshop 4:00 p.m.

NOVEMBER 14

Executive Session 5:30 p.m.

Annual Members Election and 2019 Budget Ratification Meeting 6:30 p.m.

Board General Business & Organizational Meeting will immediately follow the

Annual Members Election and 2019 Budget Ratification Meeting

Dates and times are subject to change. Please visit the Caughlin Ranch website for up-to-date information regarding Caughlin Ranch Meetings and Events. The Board of Directors' General Business Meeting Agendas are posted on the Caughlin Ranch website and in the brochure box to the right of the entry door at 1070 Caughlin Crossing at least seven (7) days prior to each meeting. You may also call the Association office at: (775) 746-1499 or e-mail: admin@caughlinhoa.com to obtain agenda copies.

NOTICE: NRS 116.31083 provides that each Notice of a Meeting of the Executive Board of the Caughlin Ranch Homeowners Association ("Association") must state the time and place of the meeting and include a copy of the Agenda for the meeting or the date on which and the locations where copies of the agenda may be conveniently obtained by the units' owners. Agendas are available at the Association Office at 1070 Caughlin Crossing, Reno, NV 89519, seven (7) calendar days before a scheduled meeting. You are also notified of the rights of a unit's owner to: (a) Have a copy of the minutes or a summary of the minutes of the meeting provided to the unit's owner upon request, and, if required or by the executive board upon payment to the association of the cost of providing the copy to the unit's owners or in electronic format at no cost. (b) Speak to the association executive board, unless the executive board is meeting in executive session. (c) A copy of the audio recording of the minutes or a summary of the minutes of the meeting provided to the unit's owner. Any comments made may potentially become permanent record of the minutes.

RIVER RUN HOMEOWNERS' ASSOCIATION REMAINING 2018 RIVER RUN MEETINGS

BOARD OF DIRECTORS

Fred Bersot, President

Dale Garrett, Vice President

Rick McDermid, Secretary

Celia Kupersmith, Treasurer

Dennis Dombroski, Director

Suzy Dugger, Director

THE STATE OF NEVADA REQUIRES at least two general business meetings of the Board be held after regular business hours. Executive Sessions will be held from 4:00 to 4:30 p.m. Board Meetings will begin at 4:30 p.m. The May Annual Members and Board Meeting along with the November Members Budget Ratification and Board Meeting will begin at 5:30 p.m. An updated meeting schedule will be included in each *Caughlin Rancher* edition.

Homeowners are welcome to attend the Board of Directors Meetings. Executive Sessions are conducted with Board Members only unless an owner has requested or was invited to attend to discuss their delinquent account and/or alleged violation(s). The following will be held at the Caughlin Ranch business office and Community Conference Center located at 1070 Caughlin Crossing, Reno:

THURSDAY, MARCH 15

THURSDAY, MAY 10

THURSDAY, JULY 19

THURSDAY, SEPTEMBER 13

THURSDAY, NOVEMBER 15

Executive Session & Board of Directors Meeting

Annual Members Election & Board of Directors/Organizational Meeting

Executive Session & Board of Directors Meeting

Executive Session & Board of Directors Meeting (Approve 2019 Budget)

Executive Session, Members | 2019 Budget Ratification & Board of Directors Meeting

Meeting dates and times are subject to change. The Board of Directors' Meeting Agendas are posted in the brochure box at the River Run pool house and in the brochure box to the right of the entry door at 1070 Caughlin Crossing at least seven (7) days prior to each meeting. You may also call the Association office at: (775) 746-1499 or e-mail: kim@caughlinhoa.com to obtain agenda copies.

COMMUNITY REMINDERS

- 1. Trash & Recycle Containers:** Shall not be placed out any sooner than Tuesday morning and shall be stored out-of-sight by Tuesday evening.
- 2. Signs:** "For Rent" and "For Sale" signs shall be purchased from the Caughlin Ranch office at cost.
- 3. Parking:** In the designated parking areas is strictly limited to guest parking; residents are required to park in their garages.
- 4. Speed Limit:** The maximum speed limit on all River Run streets is 15 MPH.
- 5. Buildings:** Please DO NOT puncture the siding.
- 6. Community Manager:** Kim Teepe; kim@caughlinhoa.com, (775) 746-1499.

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EAGLESNEST HOMEOWNERS' ASSOCIATION REMAINING 2018 EAGLESNEST MEETINGS

BOARD OF DIRECTORS

Chet Mallory, President
John Lopez, Vice President
J Witt, Secretary
Paul Gianoli, Treasurer
Brad Pearce, Director

EXECUTIVE SESSIONS WILL BEGIN AT 5:00 P.M. (as-needed); Board Meetings will begin at 5:30 p.m. The November Annual Members/Budget Ratification Meeting will begin at 5:30 p.m. A Board of Directors Organizational and General Business Meeting will immediately follow. An updated meeting schedule will be included in each *Caughlin Rancher* edition.

Homeowners are welcome to attend Members and Board of Directors Meetings. Executive Sessions are conducted with Board Members only unless an owner has requested or was invited to attend to discuss their delinquent account and/or alleged violation(s). The following will be held at the Caughlin Ranch business office and Community Conference Center located at 1070 Caughlin Crossing, Reno:

THURSDAY, MAY 17
THURSDAY, AUGUST 23
THURSDAY, OCTOBER 25
THURSDAY, NOVEMBER 29

Executive Session & Board of Directors Meeting
Executive Session & Board of Directors Meeting
Executive Session & Board of Directors Meeting; Approve 2019 Budget
Annual Members | 2019 Budget Ratification & Board of Directors | Organizational Meetings

Meeting dates and times are subject to change. Meeting Agendas will be posted on the CRHA website at: www.caughlinhoa.com at least seven (7) days prior to each meeting. You may also call the Association office at: (775) 746-1499 or e-mail: manager@caughlinhoa.com to obtain agenda copies.

COMMUNITY REMINDERS

- 1. Trash & Recycle Containers:** Shall not be placed out any sooner than Tuesday morning and shall be stored out-of-sight by Tuesday evening.
- 2. Signs:** "For Rent" and "For Sale" signs shall be purchased from the Caughlin Ranch office.
- 3. Speed Limit:** The maximum speed limit on all Eaglesnest streets is 15 MPH.
- 4. Community Manager:** Lorrie Olson; manager@caughlinhoa.com, (775) 746-1499.



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CAUGHLIN CREEK HOMEOWNERS' ASSOCIATION REMAINING 2018 CAUGHLIN CREEK MEETINGS

BOARD OF DIRECTORS

Joe Mastroianni, *President*

Gregg Stokes, *Secretary*

Jeanne Naccarato, *Treasurer*

Steven Fechner, *Director*

Douglas Usedom, *Director*


EXECUTIVE SESSIONS WILL BEGIN AT 4:30 P.M. (as-needed); Board Meetings will begin at 5:00 p.m. The November Annual Members Election/2019 Budget Ratification Meeting will begin at 5:30 p.m. A Board of Directors Organizational and General Business Meeting will immediately follow. An updated meeting schedule will be included in each *Caughlin Rancher* edition.

Homeowners are welcome to attend Members and Board of Directors Meetings. Executive Sessions are conducted with Board Members only unless an owner has requested or was invited to attend to discuss their delinquent account and/or alleged violation(s). The following will be held at the Caughlin Ranch business office and Community Conference Center located at 1070 Caughlin Crossing, Reno:


WEDNESDAY, MAY 16
WEDNESDAY, AUGUST 22
WEDNESDAY, OCTOBER 17
WEDNESDAY, NOVEMBER 28

Executive Session (as needed) | Board of Directors Meeting;
Executive Session (as needed) | Board of Directors Meeting
Executive Session (as needed) | Board of Directors Meeting; Approve 2019 Budget
Annual Members Election | 2019 Budget Ratification & Board of Directors |
Organizational Meetings

Meeting dates and times are subject to change. Agendas will be available 7-days before each regularly scheduled Board of Directors Meeting. There are brochure boxes located to the right of the entry door of the CRHA office at 1070 Caughlin Crossing. Agendas will be posted in the appropriately labeled box for either Caughlin Ranch, Caughlin Creek, Eaglesnest or River Run. You may also obtain agenda copies by calling: (775) 746-1499, or by e-mailing General Manager Lorrie Olson at: manager@caughlinhoa.com.



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6TH ANNUAL

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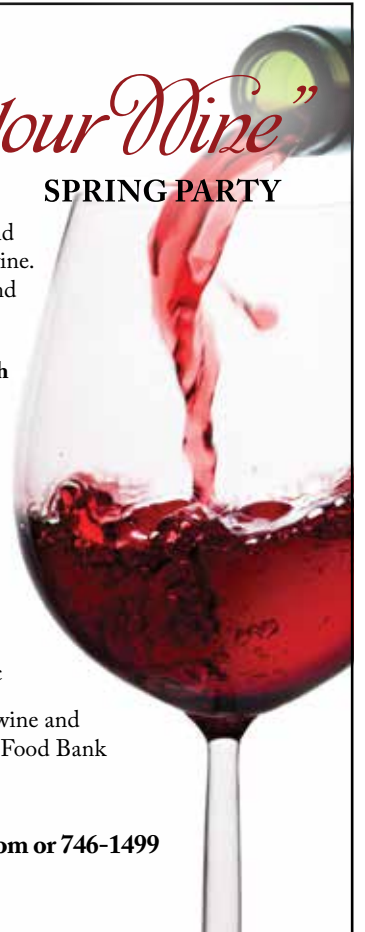
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Light hors d'oeuvres • Live music

Residents: Free with a bottle of wine and Food Bank donation OR \$5 and Food Bank donation

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(Must be 21 to attend)





Get to Know Drew Naccarato

New Board Member, CRHA

1. How long have you been on the board? Since November 2017.

2. What's your favorite thing about being on the Board? Working with my neighbors and fellow board members towards the common goal

of keeping Caughlin Ranch the vibrant and beautiful community, which I appreciate and enjoy, while maintaining the most reasonable and prudent utilization of our homeowners' assessments.

3. What is your professional background? Over 41 years as an Information Technology professional in the fields of: banking, wholesale food distribution, and state government.

4. Any great achievements that you are proud of the Board for accomplishing? Getting all the walking paths repaired and resurfaced, and for contributing to plans for the purchase of our Caughlin Ranch Administrative office building, a major step to hold down our association assessments.

5. How long have you lived in Caughlin Ranch and where did you move from? We purchased our Caughlin Ranch Reno residence in December 2013 and I moved here permanently from the Oklahoma City area after retiring from the Supreme Court of Oklahoma, Administrative Office of the Courts, in December 2016.

6. What's your favorite thing about living in Caughlin Ranch? The beautiful common areas and walking paths, the fantastic views, and our wonderful neighbors.

7. Tell us about you...where you grew up, family, hobbies, etc. I grew up and attended schools in Kansas. My professional career started in Kansas, took me to Oklahoma, California and back to Oklahoma, before retirement. Family brought me to Nevada. My wife Jeanne is a Reno High and UNR graduate (and currently the Caughlin Creek Board Treasurer). I have three children, with a boy in the middle, and I have three step children with a girl in the middle. So, my wife and I refer to our family as "The Brady Bunch." I've always enjoyed building things and enjoy sports.

8. Tell us one thing that is unusual or most people don't know about you. I was a gunfighter in my early days. Well, I should explain that. When I was a teenager I worked for over three years at "Boot Hill, Front Street Replica and Museum" in Dodge City, Kansas. While there, I participated in nightly reenactments of old west gunfights, bartended in the Long Branch Saloon (a soda pop only saloon), performed in the Long Branch Saloon Variety show, and worked on the work crew painting signage and lettering of the Front Street buildings. I enjoyed entertaining the over 400,000 tourists who visited Boot Hill annually.




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Goodbye to our Neighbor, Elvia Irene Seghetti Pasini



SOME OF YOU MAY HAVE KNOWN ELVIA. She lived in Caughlin Creek since 1988 and was active up until her last days. She passed away on January 28th at 99 years old.

She was born in Illinois and moved to Vallejo, California with her parents and brother as a young child. She started dance lessons at age three, leading her to a career as a professional dancer with The Olsen and Johnson Revue. She performed in all 48 contiguous states, entertained the troops during WWII, and was in two Hollywood movies. After the War, she met her future husband John Pasini, and became a wife and mother to daughter Kimberly.

Elvia and John moved to Reno in 1988. She shared a close relationship with grandson John Pasini Wood, who fondly recalls Grandma's tale of the gangsters protecting the dancers during their theatrical performances.

She was married to John for 58 years. After his passing, and true to her independent nature, she remained in her Caughlin Ranch home where she enjoyed exercising at Caughlin Club and walks with friends along the paths, up until her later years.

She will be remembered by many as a dynamic and enthusiastic woman and as a role model for what it means to live life fully and well. She will be missed by so many.



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Reno High School News

PRESIDENTIAL SCHOLAR CANDIDATE

Congrats to Senior Reese Taylor for being nominated a Presidential Scholar Candidate. He will go through a rigorous application process for Presidential Scholar status.

RIFLE TEAM WINS STATE!

The Varsity team took first place and are the State Champions!

- Kevin Behan – 1st place overall for championships (Top Gun)
- MaKayla Poggione – 1st place kneeling position overall for championships
- The RHS Rifle Team is qualified to attend the CMP Western Regionals in Sandy, UT on April 18th.

FIRST AMENDMENT PRESS FREEDOM AWARD

The award recognizes high school newspapers and yearbooks that actively support, teach and protect First Amendment rights and responsibilities of students and teachers, with an emphasis on student-run media where students make all final decisions of content. Reno HS was one of 11 high schools nationwide recognized, and will be honored April 12th at the JEA/NSPA Spring National High School Journalism Convention in San Francisco.

CONGRATULATIONS GIRLS VARSITY BASKETBALL TEAM FOR WINNING NORTHERN REGIONAL CHAMPIONSHIP!

CONGRATULATIONS TO SPEECH & DEBATE FOR WINNING GRAND SWEEPS BOWL CHAMPIONSHIP FOR THE 23RD STRAIGHT YEAR!

RGJ ALL-NORTH FALL SPORTS TEAMS ANNOUNCED

The Reno Gazette-Journal is proud to announce the All-North Fall sports teams. Athletes were chosen by an RGJ committee as well as through nominations and input from coaches and athletic directors.

Athletes from RHS include: Karson Nakagawa, Volleyball; Parker Buddy, Volleyball; Kaitlynn Biassou, Volleyball; Chloe Keenan-Merlo, Girls Soccer; Keegan Feroah, Football; Siao Si Finau, Football; Logan Hutcherson, Football; Brandon Kaho, Football; Penelope Smerdon, Girls Cross Country; Nicholas McMillen, Boys Cross Country; Abbi Fleiner, Girls Golf; William Boyden, Boys Tennis; Nick Rinehart, Boys Tennis; Mikael Tiilikainen, Boys Tennis; Jazlynn Parker, Girls Tennis; Jill Rovetti, Girls Tennis; Sage Schula, Girls Tennis; Erica Schwab, Girls Tennis

You can find more details for each sport at this link:
<http://on.rgj.com/2rD9OXG>



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General Safety Tips for Seniors

Always carry a cell phone with readily available emergency numbers for security agencies and authorities such as police, doctor and fire department.

- **LIGHTING:** Indoor and outdoor sites of the residence should be properly lit to deter falls. Falls are one of the most common accidents. Proper lighting also can deter intruders.
- **DOOR ANSWERING:** Seniors should be careful while answering the door. Strangers may possess threats. Use of security gadgets and sensors should be considered.
- **MEDICAL ALERT:** Seniors should use medical alerts to help take medicines at proper times. Explore different options for medical alerts and alarms.
- **FIRE HAZARDS:** Regularly check smoke alarms and CO detectors to make sure batteries are working.
- **PROPER MEDICATION:** Many seniors take several medications a day. A pill organizer can help ensure the right medicine is taken at the right time.
- **WALKING AID:** A correctly measured walking stick can ensure good walking habits.
- **EMERGENCY CONTACTS:** Always carry a cell phone with readily available emergency numbers for security agencies and authorities such as police, doctor and fire department.

Submitted by ElderImpact.org. For more tips on safety for seniors, go to:
<https://www.reviewsworthy.net/home-security/tips-to-ensure-safety-of-seniors-at-home>



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